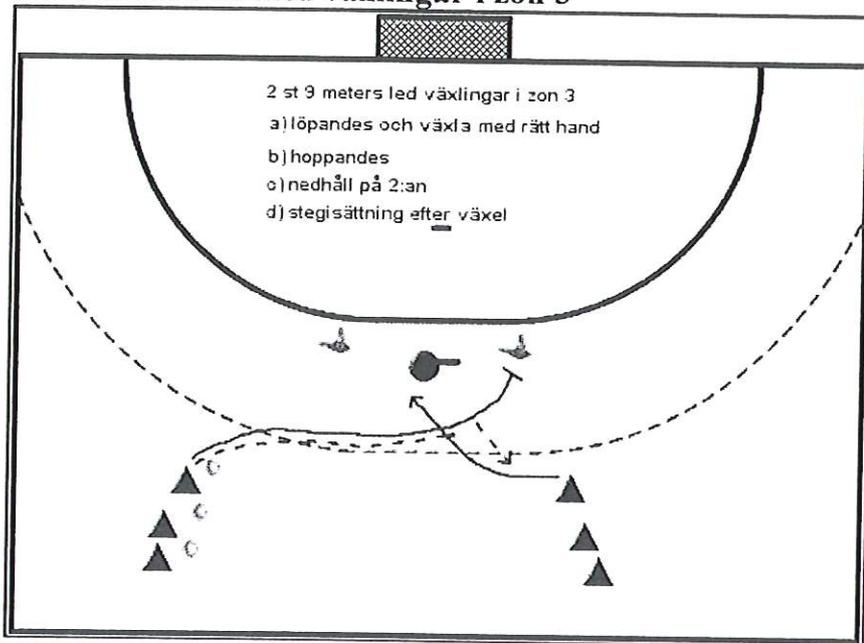
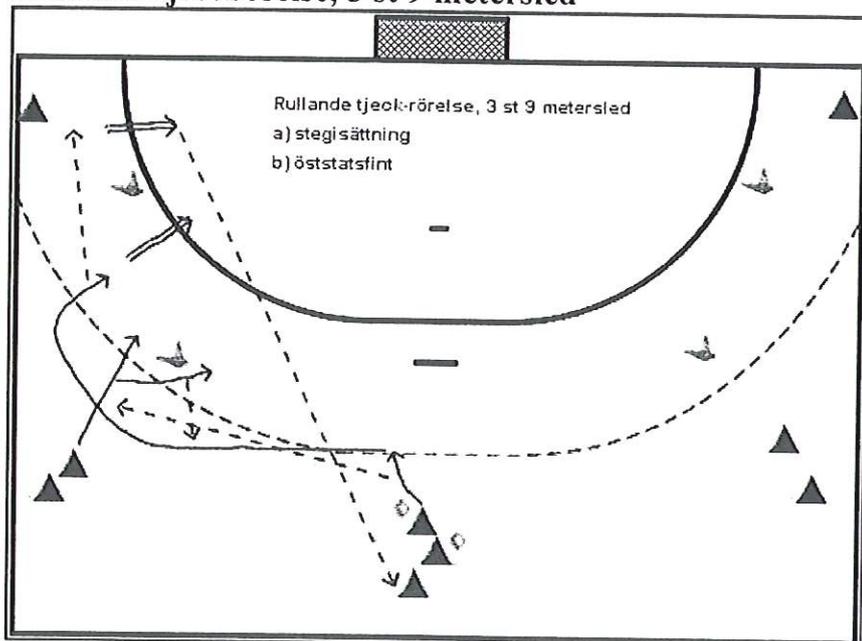


# Växelspel

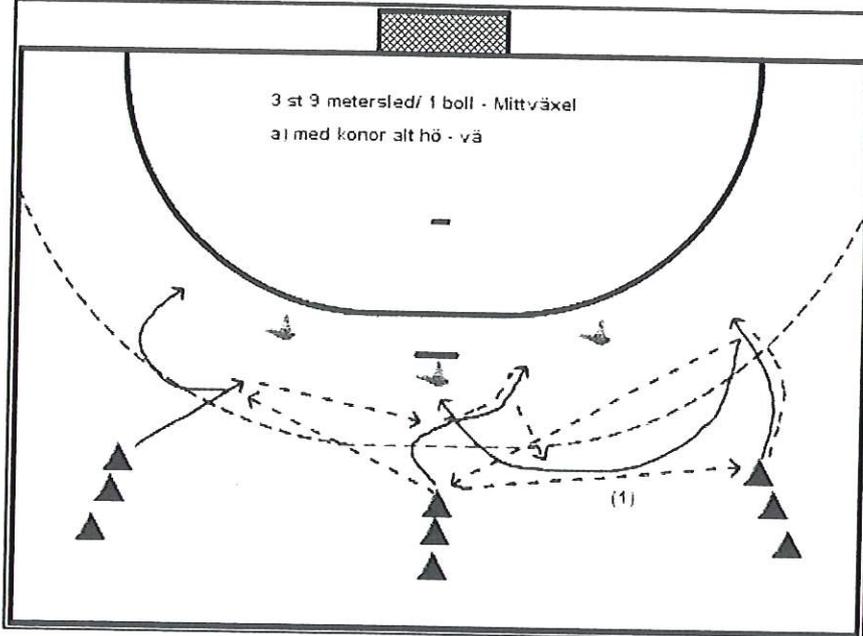
## 2 st 9 metersled med växlingar i zon 3



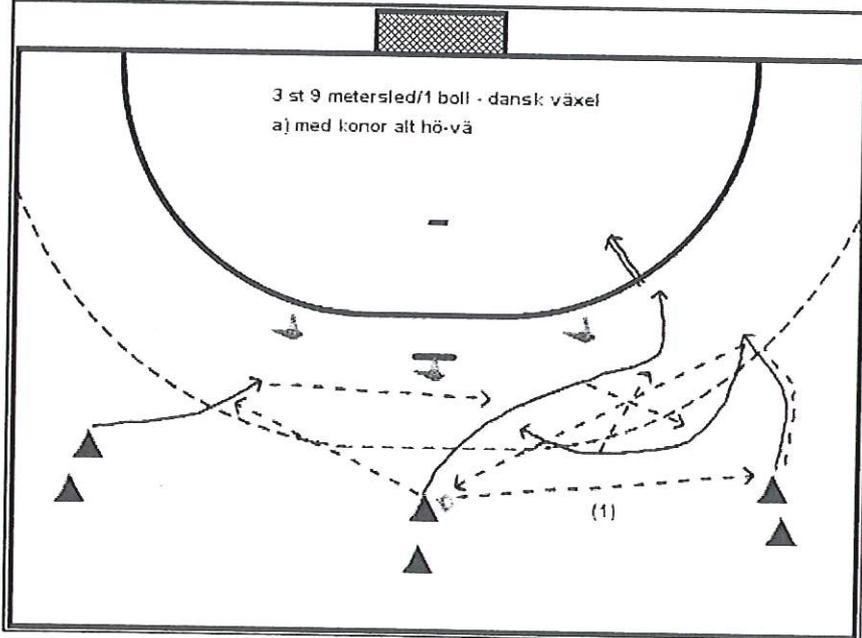
## Rullande tjeckrörelse, 3 st 9 metersled



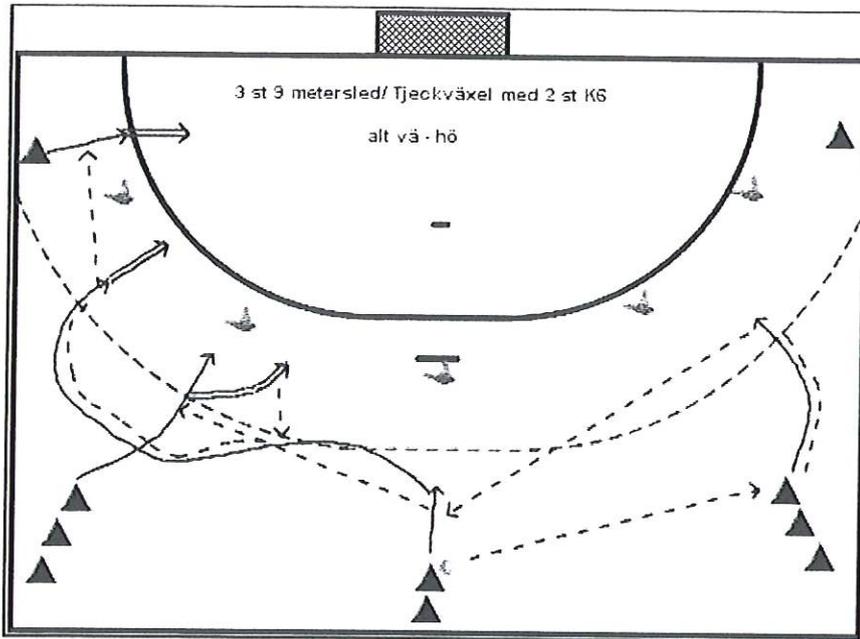
### 3 st 9 metersled / Mittväxel



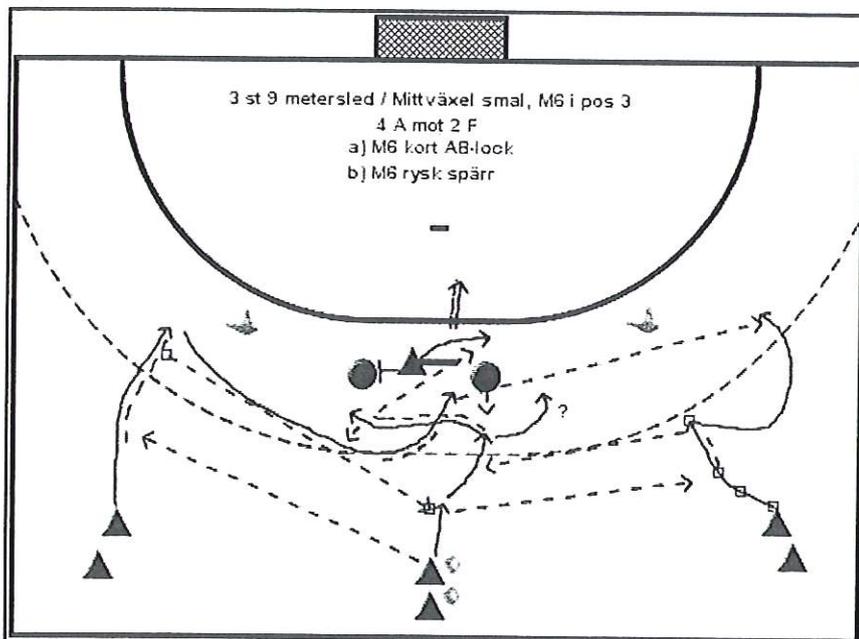
### 3 st 9 metersled / Dansk växel



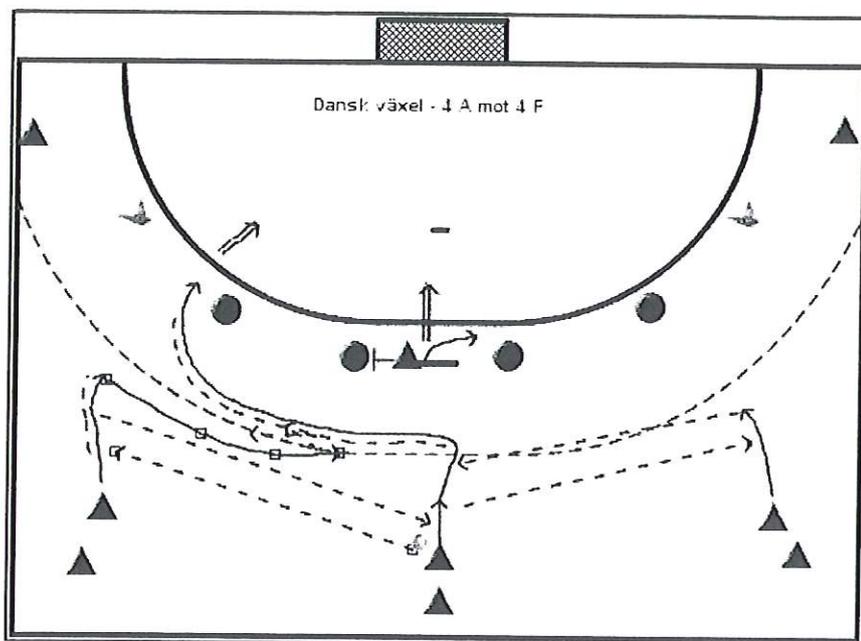
### 3 st 9 metersled / Tjeckväxel med 2 st K6



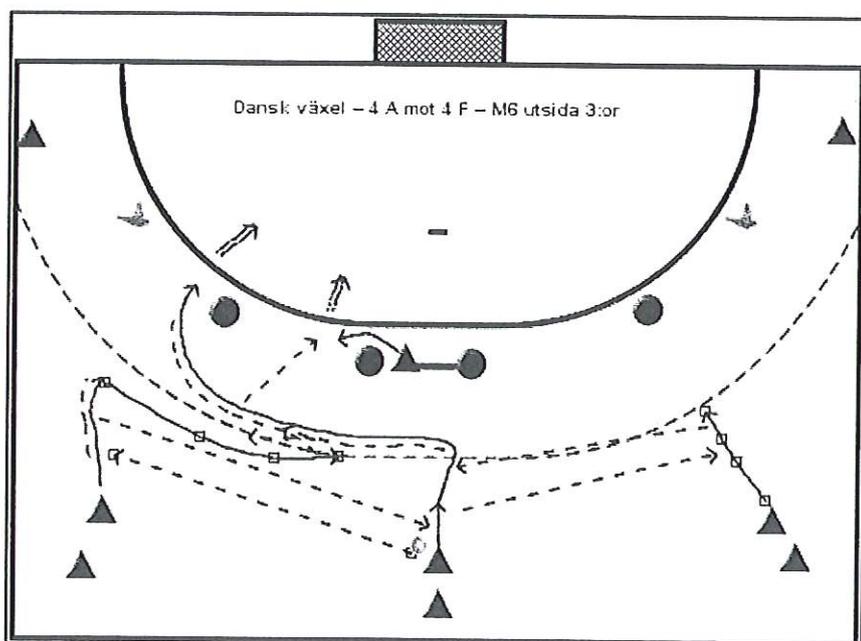
### 3 st 9 metersled / Mittväxel smal, M6 i pos 3



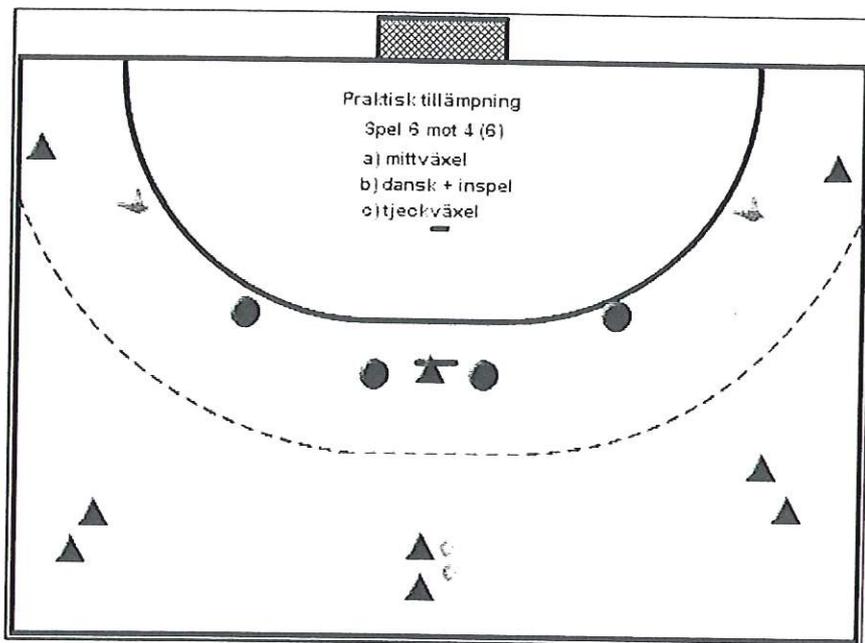
### Dansk växel – 4 A mot 4 F



### Dansk växel – 4 A mot 4 F – M6 utsida 3:or



## Praktisk tillämpning 1



## Praktisk tillämpning 2

